



**2016 International Awareness Day
for Myalgic Encephalomyelitis/Chronic Fatigue Syndrome,
Fibromyalgia and Multiple Chemical Sensitivity**

**Webinar Wednesday May 11th
6:30 – 8:30 pm Mountain Daylight Time**

Dr. Michael Moskowitz MD MPH
Featured in “The Brain’s Way of Healing” by Dr. Norman Doidge

**Neuroplastic Transformation:
Using Neuroplasticity to Cure Persistent Pain**



Dr. Moskowitz is Board Certified in both Psychiatry and Pain Medicine. He served as a member of the Examination Council for the American Board of Pain Medicine from 2006-2010. He has been an Assistant Clinical Professor for the Department of Anesthesiology and Pain Medicine at the University of California, Davis since 2006. Dr. Moskowitz and Dr. Marla Golden have been working together since 2008 to develop a practical therapy which utilizes our brain’s ability to change itself (neuroplasticity) to cure persistent pain. They have published a manual outlining their approach complemented by animations and additional information on their website: www.neuroplastix.com

As it becomes persistent, pain changes from a symptom to a disease. This change is caused by changes in the pain processing centers in the brain. The changes in the brain cause changes in the rest of the body leading to a vicious circle. Since the disease of pain is a neuroplastic process in the brain and not due to tissue injury, it is reversible. Attend this webinar and learn how.

Dr. Moskowitz will explain how and why Neuroplastic Transformation works. The objective is to return the body and brain to normal function (not to live with pain).

Location: In person at Self Connection Books in Calgary, Canada or online

Cost: \$20 (\$10 for low income)

Registration: Opens March 19th, 2016

website: http://www.selfconnection.ca/index.php?option=com_content&view=article&id=1094