# **Group Work**



## Care Pathways

#### Two example care pathways:

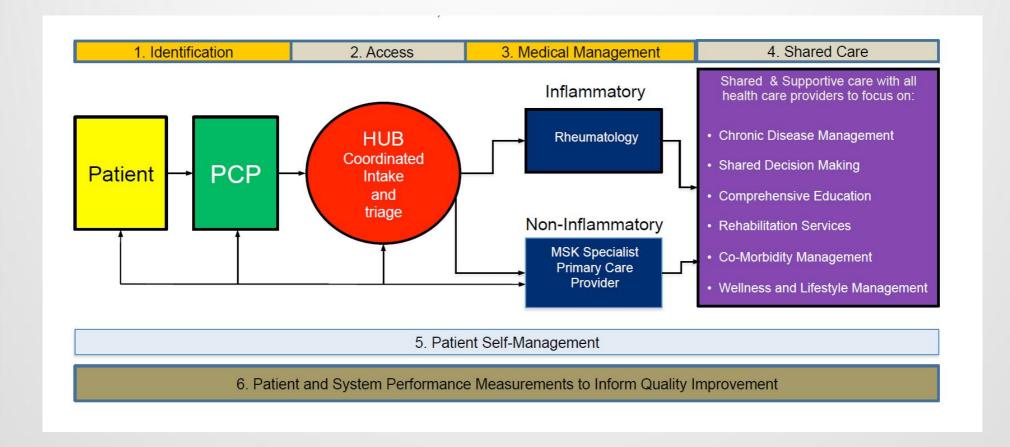
- Inflammatory arthritis model of care
  - (PCP=Primary Care Practitioner)
- CCDP pathway

#### **Pros and Cons:**

- Family Doctors vs Specialists
- Centers of Excellence vs Network of Specialists



# Inflammatory Arthritis Model of Care





# **CCDP Pathway**

Referral from family doctor Introduction to program Intake call with nurse Written questionnaire Appointment with team **Appointment with Doctor** Follow-up **Group Services Return to Community** 



#### **Pros and Cons**

#### **Family Doctors**

#### **Specialists**

+ PROs	
Close to home	Concentration of cases
Holistic approach	Leadership in research, training, advocacy
Ongoing relationship	Insurance may allow more flexibility
- CONs	
Not familiar with ME/FM	Less accessible
Lack of definitive guidelines	What specialty?
Very busy – short appointments	What can they offer?
	Wait times?



#### **Pros and Cons**

Center of Excellence	Network of Specialists	
+ PROs		
Multi-disciplinary	Spread out geographically	
Concentration of specialists		
Allows development of research, education tools, etc.		
- CONs		
Patient travel	Not as multi-disciplinary	
	Less interaction between professionals	



## **Group Discussion**

- What would a mature care pathway look like?
- What would work in the short term?
- Special groups youth, homebound, rural residents?
- Who needs to be involved in setting up the pathway?

