

**ME/CFS/FM Pre-Conference Workshop
on Addressing Unmet Needs
Montreal
May 3, 2018**

Next steps

At the end of the pre-conference workshop, participants were asked to suggest next steps. These ideas were recorded on the flipchart:

- Educate the Health Care Practitioners about ME/CFS!!!! (This was strongly supported by the audience). Use the 2014 IACFS/ME Primer and the Pediatric Primer as a basis for education.
- Add Environmental Health to Medical training.
- Obtain billing diagnostic codes in all provinces and territories.
- Use the IOM criteria as a screening tool to identify possible cases of ME/CFS, then confirm using the Primers. These are all based on the Canadian Consensus Criteria.
- Check how well the IOM criteria screen for cases and see if the criteria could be improved.
- Find out which alternative medical treatments are working with ME/CFS/FM patients and communicate this to patients coast-to-coast.
- Create a list of main symptoms by Medical Specialist area.
- Why can't existing *Centers of Excellence* accept patients from other parts of Canada?
- Get physicians collaborating outside of their Province with each other. This conference was a great start for collaboration with researchers and clinicians. We need the same with Physicians. What about the use of a webinar to do this?