

The IACFS/ME And The NATIONAL ME/FM ACTION NETWORK

10th International Clinical & Research Conference *"Translating Evidence Into Practice"*

SEPTEMBER 22ND TO 25TH, 2011

DELTA OTTAWA CITY CENTRE HOTEL • 1-888-890-3222 • OTTAWA, ONTARIO, CANADA

PROFESSIONAL CONFERENCE AGENDA

Latest Research on XMRV/MLVs

The case FOR and AGAINST Human Gamma Retroviruses (HGRV) in CFS/ME

DEBATE: Fibromyalgia: Are Tender Points Necessary?

RESEARCH:

- New findings: Blood XMRV Working Group on Blood Safety
- Latest findings
 - immunology
 - virology
 - genomics
 - brain and neuroendocrine function
 - pediatrics
 - exercise physiology

CLINICAL PRACTICE SESSIONS

- Difficult Clinical Cases
- IACFS/ME Clinical Practice Guidelines: A New Primer

PROFESSIONAL WORKSHOPS

- Treating Sleep, Pain & Fatigue in ME/CFS Patients
- Fibromyalgia Theory, Assessment & Practice
- Exercise Intolerance: Guide to Management & Treatment
- Behavioral Assessment and Treatment of ME/CFS
- Pediatrics and CFS/ME
- How to Apply for Grants

IT IS ANTICIPATED THAT THIS EVENT WILL BE ACCREDITED FOR CONTINUING MEDICAL EDUCATION:
CATEGORY 1 CME FOR PHYSICIAN, CNE FOR NURSES, AND CPE FOR PHARMACISTS.



Phone: 613-829-6667 • Fax: 613-829-8518
512-33 Banner Road, Nepean, ON, Canada K2H 8V7
Email: mefmaction@ncf.ca • www.mefmaction.com
(BN) 89183 3642 RR0001

Registration Forms: Contact the National ME/FM Action Network or
On Line Registration <http://www.iacfsme.org>

IACFS/ME, 417 - 27 N. Wacker Drive, Chicago, IL 60606 USA • Tel. 631.632.8252

Credit Card information can be faxed to 847.579.0975



THE IACFS/ME 10th International Clinical & Research Conference HOSTED BY THE NATIONAL ME/FM ACTION NETWORK



Lydia Neilson, founded the National ME/FM Action Network in 1993. She is the Network's CEO and has received the Meritorious Service Medal for her pioneering work for the Network.

The National ME/FM Action Network, is honoured to host the IACFS/ME 10th International Clinical & Research Conference in Ottawa from September 22nd to 25th, 2011 for Myalgic Encephalomyelitis / Chronic Fatigue Syndrome (ME/CFS), Fibromyalgia (FM), and related illnesses. This four-day conference will consist of workshops and professional meetings and speakers as well as a day for patients and the general public on September 22nd, 2011. **

ME/CFS, FM and related illnesses are a growing concern and they prevent the majority of patients from participating in their usual life roles with families, workplaces and communities. Many have become chronically ill and their lives have been permanently altered.

A 2005 survey, conducted by Statistics Canada, estimated that over 333,000 Canadians had been diagnosed with ME/CFS and 389,000 with FM. These patients experienced a high degree of disability, disadvantage and unmet needs in health-care.

We need you to help us make the 2011 Conference the most productive ever. This interdisciplinary conference is intended to foster:

- Innovative scientific research on causation and effective treatments for ME/CFS and FM;
- Increased professional skills for early diagnosis, giving patients a better chance of recovery; and
- Networking among researchers and clinicians to develop new and potentially useful collaborations.

Please make a donation and help change the lives of those afflicted. By your donation to the National ME/FM Action Network, host of the IACFS/ME conference, you can be part of this important conference's success. You will have played a key role in helping those afflicted to gain hope for a better quality of life.

Ottawa, is Canada's National Capital. Home to the Parliament Buildings, the world famous Rideau Canal, beautiful hotels, award-winning museums and the spectacular Gatineau Hills, Ottawa is a destination not to be missed.

Ottawa is also just 1½ hours away from Montreal, Quebec. Melding Canadian history with cosmopolitan flair, Montreal is brimming with culture, fine dining, shopping, and of course a traditional Calèche ride up the mountain.

Sincerely,
NATIONAL ME/FM ACTION NETWORK

Lydia E. Neilson, M.S.M.
Founder, Chief Executive Officer.

FOR CORPORATE SUPPORTER BENEFITS INFORMATION

PLEASE CONTACT DR. FRED FRIEDBERG at
631-632-8252 or visit the IACFS/ME website at
www.iacfsme.org

It is anticipated that this event will be accredited for continuing medical education for Category 1 CME (Physicians), CNE (Nurses), and CPE (Pharmacists).